



The best activities guide around !

**APRIL 2003**



**Payday Scramble – 4th**  
**Cherry Blossom Festival – 5th**  
**Easter Egg Hunt – 19th**  
**Easter Buffet at CZCC – 20th**  
**Cinco de Mayo at CZCC – 30th**



The U.S. Army Garrison, Japan (USAG-J), Services Division, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

# Z A M A community BUGLE

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### THIS MONTH'S COVER

The children who attend the Depot Child Development Group Home (CDGH) School Age Open Recreation program have created a monthly cooking club. Mr. Allen Huff, Zama Community Club, teaches the art of cooking to the children twice a month. For their first cooking experience with Mr. Huff, he shows Emily Cayton how to make pretzels. The children learned about the ingredients and how each step has importance to the cooking process. The children were able to use their motor skills, their social skills, and overall just had some fun!

*Photo by Richard Haun, and technical enhancement by Hideko McKeta.*



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CAMP ZAMA COMMUNITY CLUB	MR. VAUGHN	263-4133
CHILD & YOUTH SERVICES	MR. CLARK	263-8086
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COMMUNITY CULTURAL CENTER	MR. SENATORE	263-3939
COMMUNITY OPERATIONS	MR. VAUGHN	263-7666
COMMUNITY RECREATION	MR. ARMS	263-3479
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FAMILY CHILD CARE	MR. DELONG	263-3397
GOLF CLUB	MR. JORGENSEN	263-4224
GROUP HOME, DEPOT	MS. CENTENO	268-4625
HOB NOB INN	MR. UCHIDA	267-6372
INFORMATION SERVICES OFFICE	MR. KAMAI	263-5616
INTERNATIONAL TOURS	MS. NAKAMURA	263-5273
KENNELS	MR. MANGUM	263-5915
KURE CLUB	MR. COLLIN	256-2580
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POOLS	MS. BAILES	263-5656
PRIVATE ORGANIZATION	MS. MANRIQUE	263-5316
SAGAMI LOUNGE	MR. LARKIN	268-4954
SCHOOL AGE SERVICES	MS. GATES	267-6317
SPORTS	MR. KUMZAK	263-4042
SUPPLY	MR. MCCRAE	263-4967
TEEN CENTER	MS. MORRIS	263-4500
YOUTH SPORTS	MS. JEW	263-5437
10TH DCA TORII STATION	MR. THOMAS	644-5396

### OTHER NUMBERS

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ASAP	MR. STEWART	263-4401
CENTRAL ACCT NAF	MS. RICHARDSON	263-4222
CPAC	MS. MORGAN	263-3755
CPAC NAF UNIT		263-4383
EQUAL OPPORTUNITY		263-3230
EO / SEXUAL HARASSMENT HOTLINE		263-7436
FAMILY HOUSING OFFICE	MS. QUENGA	263-3527
HARDY BARRACKS LODGING	MR. SHIBATA	267-3270
HOUSING DIVISION	MS. MELON	263-3441
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SHA COMMISSARY OFFICER	MR. MERTZ	267-6335

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# C A L E N D A R O F E V E N T S

# 2 April 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 • Niki Barr Band CZCC • Mongolian BBQ CZCC • Tokyo Summer Land FCC	3 • Homebuyer's Workshop ACS	4 • Tour to Kamakura Chapel • Payday Scramble CZGC • Station of the Cross Chapel • Trip to Okinawa YS	5
6 • Zoo-Rasia Tour • Kawasaki Fertility Festival Tour • Trip to Okinawa YS	7 • Guard Start Course Aquatics	8 • Why Weight Sports • Single Parent Support Group ACS	9 • Universal Studios Trip YS • Mongolian BBQ CZCC • Trip to Okinawa YS	10 • Breastfeeding Support Group ACS	11 • Why Weight Sports • Guard Start Course Aquatics • Station of the Cross (Catholic) Chapel	12 • Sake & Sushi Night CZCC • Kyoto Overnight Trip • Children's Health & Safety Fair
13 • No Tap 3-6-9 Bowling • Kyoto Overnight Trip • Experiencing God Chapel	14 • Nichibei Friendship Pro-Am Tournament CZGC	15 • Why Weight Sports • Communal Penance Service Chapel • Newcomer's Orientation CCC	16 • Youth Fishing Clinic ODR • Mongolian BBQ CZCC • Medical Morning and Community Tour ACS	17 • Holy Thursday Service Zama Chapel • Last Supper Potluck Zama Chapel • Nichibei Friendship Golf Tournament CZGC	18 • 6th Grade Gala YS • Good Friday Service Zama, SHA Chapel • Hip Hop Freaky Friday Atsugi Teen Center	19 • Vigil Service SHA Chapel • Easter Egg Hunt YS • Bowl w/ Easter Bunny Bowling • Fishing Derby ODR
20 • Sunrise Service Chapel • Easter Buffet CZCC • Easter Breakfast CZGC	21	22 • Child Lures Class for Parents ACS	23 • Professional Administrative Assistant's Day CZCC • Discover Camping ODR • Mongolian BBQ CZCC	24	25 • Hip Hop Freaky Friday Atsugi Teen Center	26 • Nikko Edo Mura Tour • Mt. Takao Hike & All-you-can Eat Sukiyaki Tour
27 • Shoot Out Bowling • Tokyo by Day Tour	28	29 • PT "Strong Soldiers" Sports • NPSP Friends & Family Picnic ACS	30 • Cinco de Mayo CZCC • Community Information Exchange Meeting ACS • Mongolian BBQ CZCC	<b>UPCOMING EVENTS:</b> • Volunteer Recognition Cremony - 1 May • Payday Scramble - 2 May • Spring Biathlon - 3 May		



## FREE ... Family Child Care (FCC) ...

## Field Trip to Tokyo Summer Land

On Wednesday, 2 April, Family Child Care professionals, children in their care and their parents are invited to a FREE trip to Tokyo Summer Land. This will be a great Indoor beach experience for all who participate. If you and your child are interested in participating in this fun field trip, please phone 263-5723/4125 for information.





**C**amp Zama Youth Services will sponsor a "Month of the Military Child" booth at the Cherry Blossom Festival on 5 April. Free games and prizes for all ages. Look for us at the Cherry Blossom Festival.

## ■ Child and Youth Services • 263-4743 (Map location 37)

### YOUTH SPORTS.

#### • *Volunteer Coaches*

Youth sports coaches are needed for the upcoming youth baseball, T-ball and girls softball programs. Register early by signing up at the Youth Center or at Central Registration.

#### • *Referees needed for Youth Sports*

Youth Sports is looking for people interested in officiating the upcoming baseball and softball season. Mature and young adults ages 16 and up

are eligible. If interested, please contact the Youth Sports Office at 263-5437 or 3424.

### ACTIVITIES FOR THE MONTH OF APRIL

- 18 and 25 April: Hip Hop Freaky Fridays at Atsugi Teen Center (transportation provided)
- 18 April - 6th Grade Gala at Camp Zama Youth Center (transportation provided)

### ..... NOTE .....

**The Camp Zama Youth Center is open for 9 - 12th graders only from 6 - 8 pm week nights, and 8 - 10 pm on Fridays and Saturdays. Transportation provided from and to SHA nightly.**



**Easter Egg Hunt**

**Saturday, 19 April, 9 am**

The Easter Bunny will visit Camp Zama at 9 am on Rambler Field. He will hide his eggs for all youth! Don't miss out on the fun and prizes. Free to the

## SPRING BREAK

### Okinawa 4 - 9 April

(7 - 12th grades only)

**Price for Okinawa trip: \$285**

Sign up now - Limited to 16 registered youth

It's Spring Break and Youth Services has a week of fun and sun just for you!

Join the Camp Zama Youth Service's staff and celebrate Spring Break! Leave 4 April for sunny Okinawa. Spend three days at Kadena Air Force Base, and tour the surrounding areas and beaches. Then head north to Okuma Joint Military Resort Beach to spend three more days water skiing, jet skiing (16 & older), paddle boating, windsurfing, snorkeling, boogie boarding, and kayaking, or just relax and lay in the sun! Return to Camp Zama on 9 April. Cancellation restriction applies.

### Universal Studios 9 April, 2 am

(7 - 12th grades only)

Spend all day at Universal Studios.

\$50 for YS registered members and \$60 for non YS registered members



# ■ Community Cultural Center • 263-3939 (Map location 36)

12 April

- Paintball Tournament, 1 - 5 pm
  - Karaoke Contest, 7 - 9 pm
- Call 263-3939 for more information.

## DANCE AND MUSIC CLASSES

- **Ballet:** Friday
- **Piano and Violin Lessons:** Monday - Friday, 1/2 hour private lessons.
- **Koto or Shamisen:** (traditional Japanese instruments). Private lessons for children and adults.
- **Hula Lessons:** Monday and Thursday
- **Tap Dance:** Friday, 5:30 pm

## LIFETIME SPORTS AND RECREATION PROGRAMS

All instructional classes at the Community Cultural Center are

Lifetime Sports and Recreation Participating Activities. Make sure you show your card or get a new one when you register for a class. See page 12 for more details.

## HOBBY CLUB MEETING

Saturday, 19 April, 2 pm, Interested in remote control cars, trucks, model trains or planes? Bring your toys (if you have any) to the Community Cultural Center and let's play! This program a Lifetime Sports and Recreation participating program.

## ZAMA CHAPTER OF THE SOCIETY FOR MEDIEVAL RECREATORS MEETING

Every Wednesday, 6:30 - 9 pm, the Zama Chapter of the Society for Creative Anachronism meets at the Cul-

tural Center. Come out and join the fun. No experience necessary! Don't forget to get your Lifetime Sports and Recreation Card punched for participating in this program.

## GAMERS GATHERING

Gamers Gathering will be held on Saturday, 19 April, 9:30 am. Games go on all day, and will include Warhammer 40,000, Necromunda, Warhammer Fantasy Battle, Mordhiem Silent Death, Trinity: Battleground, and Heavy Gear. We have added X Box and PS2 gaming stations. Remember, no experience is needed, and don't forget to ask for your Lifetime Sports and Recreation Point Card.



# ■ Camp Zama Golf Club • 263-4224 (Map location 21)

## PAYDAY SCRAMBLES APRIL AND MAY

The April scramble will be held on Friday, 4 April, and the May scramble on Friday, 2 May. Both events start at noon. Form your own four person team and join us at the Camp Zama Golf Course for a day of golf, food and prizes. Entry fee is \$15 per person for members. Non-members must pay applicable green fees. \$2 optional entry fee for closest to the pin competition.

## NICHIBEI FRIENDSHIP PRO-AM TOURNAMENT

Monday, 14 April, 9 am, shotgun start. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for Zama Golf Club members.

## NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Thursday, 17 April, 9 am, shotgun start. Cost is \$25 for Zama Golf Club members. For more information, phone 263-4225.



### Custom Fitting by PING Golf

**...We can now fit you for putters also!...**

Camp Zama Golf Club has been selected by Ping Japan as the Custom Fitting Center for this area. Dale Jorgenson, Director of Golf, and Ernie Harada, Head Golf Professional, have been factory trained to help you find the best combination of lie, length, grip, shaft and model to fit your golf swing. C2DC has 30 different irons and 10 different woods to accommodate almost any golfer. Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224 or 263-4225.

### Camp • Zama • Golf • Club

## "TOTAL VISION" ...Video Instruction...

**Cost is \$50**  
(Includes a take home video tape)

Zama Golf Club announces video Instruction using "Total Vision". Spend an hour with the pros for a detailed analysis of your golf swing using the latest computer technology.

Call Dale Jorgenson at 263-4224 for an appointment.



# T

anning booth and aqua massager are available for use. Costs are:

Tanning booth: \$2.50 a visit, \$20 for 10 visits, and \$35 for 20 visits. Aqua massager: \$12 for 15 minutes.

## HOURS OF OPERATION

### YANO FITNESS CENTER:

Monday - Friday 0530 2030

Sat, Sun & Holiday 1000 1800

### YANO INDOOR POOL HOURS:

Monday - Friday 0600 1800

Sat, Sun, Holidays 1000 1800

## ■ Sports Office • 263-3954 (Map location 36)

### AQUATICS

#### • Guard Start Course

Monday - Friday, 7 - 11 April, 9 am - 4 pm, Yano Pool, for youth 11 years and older. Must meet swimming prerequisites. Deadline to register is 4 April.

#### • Water Safety Instructor Course

Will be offered in 2 - 17 April. Minimum age: 17 years old. Must meet swimming pre-requisites. Deadline is 1 April.

#### • April Swimming Lessons

Swimming lessons begin 14 April. Deadline to register is 10 April.

For more detailed information reference courses and lessons, please pick up a flyer at the Yano Fitness Center.

### CLASSES

#### • Aerobics

Aerobics is offered at Yano in the cardio room on the following days at 5 - 6 pm:

Beginner (Step I): Mondays

Advanced (Step II): Tuesdays

Advanced (Step II): Thursdays

#### • Water Aerobics

Water aerobics are offered at Yano Pool on the following days:

Tuesdays and Thursdays, 5 - 6 pm

Cost for aerobics and water aerobics: \$3.50 each class, \$15 per week, or \$25 per month. Weekly and monthly for any combination.

For information on aerobics or water aerobics, please contact the instructor after class on those days, or contact Bonita Quinn at CBQuinn@zma.attmil.ne.jp

#### • Yoga Class

Hatha yoga is now being offered on Mondays, 10 - 11:30 am, at the Yano Fitness Center cardio room. Meditative yoga is now being offered on Wednesdays, 5 - 6:30 pm, at the Army Community Service Building. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk, (263-4664).

#### • Martial Arts

Learn True Okinawan Karate and Kobudo by an officially certified instructor with 25 years experience

## WHY WEIGHT????

### "Spring into Action"

#### Sagamihara Gym

Tuesdays, 8 & 15 April, 1030 - 1200  
Fridays, 11 April, 1530 - 1700

Why:

1. Take a break
2. Do something fun and healthy for yourself
3. Learn in the comfort of your own gym
4. Spring into action ... Fitness

Fitness topics will include:

1. Workout tips and Implementation
2. Myths and truths
3. General guidelines to optimize your training
4. Hands-on demonstration of proper techniques for machines and free-weight exercises
5. Open forum for questions, demonstrations, tips, etc.

For information, call Stefan at 263-5168.



## PT "STRONG SOLDIERS"

### PROGRAM MISSION

To help soldiers optimize their strength training regimen through hands-on instruction, suggestions, tips - revamping current programs, technique, or simple things such as answering questions or spotting.

**\*\*PT LEADERS - PLEASE CALL AHEAD FOR RESERVATIONS FOR UNIT STRENGTH TRAINING PROGRAMS.\*\* PT LEADERS THAT ARE INTERESTED BUT CANNOT MAKE THE DESIGNATED TIMES PLEASE CALL FOR ALTERNATE TIMES**

On the following dates, a personal trainer will be available exclusively for active duty soldiers during PT time (0530 - 0700):

29 Apr, 28 May, 24 Jun, 23 Jul, 27 Aug,  
30 Sep, 28 Oct, 26 Nov and 26 December.

For reservations, ideas, information, questions, call Stefan Tompson at 263-5168.



and a personal student of Taika Seiyu Oyata. For more information, please call 263-4664.

#### SERVICES

##### • **Jacuzzi, Steam Room and Sauna**

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi is closed for maintenance.

• **Masseuse** (massage therapist). "Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Call the front desk at 263-4664 for an appointment. The cost is \$35 an hour or \$25 for 30 minutes.

**Y A N O F I T N E S S C E N T E R**

- Team event involving a runner & a swimmer.
- Registration deadline is Friday, 28 April.
- Late registration deadline 18 April (will include late fee)
- Registration fees, time & more details are available at the Yano Fitness Center.

**Saturday  
3, May**

# SPRING'03 BIATHLON

For more information, please contact the Aquatics Director at 263-5858.



## ■ Outdoor Recreation • 263-4671 (Map location 31)

#### Discover Hiking INFORMATION CLASS

Wednesday, 9 April  
5:30 - 6:30 pm

Army Community Services  
Register by Tuesday, 8 April, at Outdoor Recreation.

Hike the most famous and highest mountain in Japan, Mt. Fuji! Get some tips from Outdoor Recreation on what to expect on the climb, what to bring and wear.

#### DISCOVER CAMPING!

Wednesday, 23 April  
5:30 - 7 pm

Register by Tuesday, 22 April, at Outdoor Recreation

Want to learn about camping in Japan? This class is for you - learn about camping gear, how to use it, local camping areas, shops and useful tips on camping.

#### TAKE A SPIN - RENT A VAN

Best price and quality in the Kanto area. Toll tickets provided.

##### **Prices:**

\$50 a day + refueling  
\$10 an hour (truck/cargo's maximum 3 hours rental ONLY)

##### **Reservations:**

Active duty at Zama/SHA/Sagami Depot reservations-up to 45 days

prior to the pick up date.

Civilian at Zama/SHA/Sagami Depot reservations - 40 days

All others reservations - 30 days

Call 263-4671 or e-mail.

#### PERFECT CARE WHILE YOU ARE AWAY

Our caring staff will assure that your pets get the special care they need while you are away on vacation or TDY. Daily fees are \$15 for a dog kennel and \$10 for a cat kennel. PCS status has priority.

#### CATCH THE BIG ONE

Relax and fish on Camp Zama at Dewey Park Trout Pond. Daily license: \$5 (four trout per license) Reasonable season pass (expires July 4th): \$40 for 10 daily licenses. Rental pole: \$3 a day.

#### LOCK AND LEAVE SELF-STORAGE UNITS

Running out of space? Lock and Leave self-storage units are now available for rent. Rates:

Monthly \$50  
6 Months \$270  
12 Months \$480

For more details, please call 263-4807/4671.

#### GEARING UP FOR SUMMER CLIMBING FUN - RENTAL WALL

For your camping needs, we have tents, coolers, mountain bikes, stoves, ice, etc. Also available is the climbing wall (only for Camp Zama units families, groups and scouts for \$200 per day).

#### SEE HOW YOUR GARDEN GROWS

Rental garden plots at Zama and Depot for only \$25 rental fee per plot (a refundable \$50 cleaning deposit per plot is required).

#### CAN YOU CANOE? INSTRUCTORS WANTED.

Canoeing, dog obedience, kayaking, rock climbing - the sky is the limit.

### ROAD TAX PROGRAM

(Payment of Japanese Road Tax and Issuance of 2003 USFJ DECAL)

**Camp Zama Community Club  
(Firelite Lounge)**

**9 - 11:30 am & 12:30 - 2:30 pm**

**Dates:**

<b>15 April</b>	<b>A - E</b>
<b>16 April</b>	<b>F - K</b>
<b>17 April</b>	<b>L - R</b>
<b>18 April</b>	<b>S - Z</b>

• 18 April is also for MC and Mini Cars (yellow)

For more information, call Vehicle Registration Section, 263-3732



# C

heck out

our web site:

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>



## Community Libraries • 263-3517 (Map location 17)

### NATIONAL LIBRARY MONTH

It is National Library Month. Celebrate reading! Turn off the TV and the computer and read to someone. Try our newest on-line research tool First Search, OCLC and Facts on File to search for the information you need. Stop by the library and discover a world of other information at your fingertips.

### E BOOKS

Read, browse or check it out. Over 2,000 titles are available on subject area such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or use at home.

### NEW BOOKS

- Americans Best Low Tax Retirement Towns by *Eve Evans*
- Retirement Places Rated, 5th Edition by *David Savageau*
- Dog Training Basic by *Miriam Fields-Babineau*
- How To Go to College Almost For

Free by *Benjamin R. Kaplan*

- The Last Gospel by *David Howard*
- Oprah Winfrey by *Judith Presnal*
- One For The Money by *Janet Evanovich*
- Two For The Dough by *Janet Evanovich*
- Three to Get Deadly by *Janet Evanovich*
- Four to Score by *Janet Evanovich*
- The Sleepover Cookbook by *Hallie Warshaw*
- Testbuster For The ACT: Outsmart the ACT

### NEW DVDS

- Entrapment ..... Action
- The Little Vampire ..... Childrens
- Mighty Aphrodite ..... Comedy
- Operation Delta Force IV (Deep Fault) ..... Action
- Operation Delta Force V: (Random Fire) ..... Action
- Rules of Engagement ..... Drama
- Seven Years in Tibet ..... Drama
- The Whole Nine Yards ..... Comedy
- Tai Chi for Arthritis ..... Fitness

## Academic Training • 263-5633/3992 (Map location 17)

### ARMY EMERGENCY RELIEF (AER) SPOUSE TUITION ASSISTANCE

#### • Spouse Tuition Assistance

Army spouses may receive 50% tuition assistance for college/university classes at Camp Zama. Deadline for Term V ( 2 June - 26 July) is 5 May (Monday). Apply online at [www.aerhq.org](http://www.aerhq.org)

### ARMY LEARNING CENTER

Internet access for college study, email, correspondence courses, Army publications, and research study materials for CLEP and DANTES tests. Self-paced instruction for Microsoft Office programs.

#### Computer Lab Open:

Monday and Thursday

8 am - 10 pm

Tuesday and Wednesday

5 - 10 pm

Friday and Saturday

8 am - 4:15 pm

### FREE JOB SKILLS DEVELOPMENT CLASSES

Hurry and sign up for the Microsoft Office classes listed below. Adult family members and Army civilians have priority, but other adults are eligible to take the classes on a space available basis. The following classes will be offered in April:

Intermediate Excel

2 - 3 April (Tue and Wed)

Beginning Word

22 - 23 April (Tue and Wed)

Intermediate Word

29 - 30 April (Tue and Wed)

All classes are held from 8:30 am to 4:30 pm in the Army Learning Center (ALC), Building 278, Army Education Center. For more information, please call 263-5271/5633.

### JAPANESE HEADSTART

This free course is mandatory for all military personnel assigned to Camp

Zama. Learn about Japanese customs, culture, and language. Adult family members and DACs are encouraged to attend. To enroll, please telephone 263-5311/3015.

Course Period:

7 - 11 April, 21 - 25 April

Time: 8 am - 4:30 pm

(Lunch: noon - 12:45 pm)

### TROY STATE UNIVERSITY

Begin a Master's Degree in Public Administration with Troy State University. The upcoming classes offered are:

- PA 6644 - Administrative Law

10 - 18 May, Dr. Vick

- PA 6674 - Ethics in PA

31 May - 8 June, Dr. Hirst

Registration is 7 - 18 April. For more information, please contact Hilary Moore at 263-5068.



# Ladies Night.

## Camp Zama Community Club

(Map location 12) • 263-4133

Ladies, join us every Thursday, 7 - 11 pm, in the Firelite Lounge. The DJ will be playing a variety of music and there will be door prizes.

Cafe Roberto's  
**Sake & Sushi Night**  
Saturday, 12 April, 7 pm  
Something new from Zama Club. Come out and try our "own" sushi and great Japanese sake.  
The bar will be open. Cafe Roberto's will be closed for regular operations.

### ■ MONGOLIAN BBQ

EVERY Wednesday in the ballroom, 5 - 9 pm. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

### ■ BINGO NIGHT

Our bingo program has changed! Every Tuesday, Thursday and Sunday nights try our new games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our new large cash pay out. But, you will never know unless you come out and play. Don't worry about dinner; while you play our waitstaff will take your order from our new bingo menu and deliver it right to your table!

### ■ EDA'S SEAFOOD AND FILLET

A touch of elegance, featuring quality meals and service. Reservations are encouraged. Dress code is business casual; no tie or jacket required. We welcome children over the age of seven. Open Thursday and Sun-

day from 5 - 9 pm, Friday and Saturday from 5 - 10 pm.

### ■ USA BUFFET

Enjoy soup, salad, starches, vegetables, three entrees and dessert. For adults, \$9.95; ages 4 - 12, \$4.95; free for ages three and below. This is a family style all-u-can eat buffet. **Friday Night Only** from 5 - 10 pm.

#### • Ballroom

Bingo

Sun 6 pm  
Tue & Thu 7 pm

Cards go on sale one hour before the first game.

#### • Firelite Lounge

Wed

Karaoke

Thursday

Ladies Night 7 - 11 pm

Friday

Variety 7 - 11 pm

Hip Hop 10 pm - 3:30 am

Sat Country 10 pm - 2:30 am

Sun Jazz 5 - 11 pm

Camp Zama Community Club Presents  
**NIKI BARR BAND**  
Performing LIVE in the FIRELITE LOUNGE  
WEDNESDAY, 2 APRIL • 7 PM  
FREE • ADULTS ONLY • Call 263-4547

Camp Zama Community Club  
**Cinco de Mayo Family Night**  
Wednesday 30 April 1700 - 2000  
Adult: \$6.95  
Ages 13-17: \$4.00  
Ages 1-12: \$2.95  
Games, food, prizes. Bring your family to celebrate Cinco de Mayo presented by the Zama Club and Youth Services.  
For more information, call 263-4133

## LUNCHES

### Sunday Brunch

**Monday - Closed**

### Tuesday

- 1 Chicken Piccata w/Rice Pilaf
  - Gyu Don (Beef Bowl)
- 8 Linguine w/Italian Meat Sauce
  - Tuna Croquettes w/Sauce
- 15 Mediterranean Cod w/Rice Pilaf
  - Pineapple Teriyaki Chicken
- 22 Pork Cutlet Parmigiana
  - Chinese Pepper Chicken
- 29 Blacken Catfish Fillets
  - Pork Katsudon w/White Rice

### Wednesday

- 2 Baked Cod Fillets
  - Sweet and Sour Pork w/Rice
- 9 Chicken Broccoli & Noodle Casserole
  - Oriental Hamburger Steak
- 16 Baked Glazed Ham w/Pineapple Stir Fry
  - Beef and Broccoli Stir Fry
- 23 Oven Fried Chicken
  - Savory Ginger Beef Barbecue
- 30 Stuffed Cabbage Rolls
  - Chicken Cashew w/Rice

### Thursday

- 3 Swiss Steak Jardinie're
  - Spicy Vegetable Stir Fry
- 10 Cajun Roast Pork Loin
  - Seafood Curry w/Rice
- 17 Mexican Plate Platter
  - Grilled Salmon Fillets
- 24 Fish n Chips w/Cole Slaw
  - Vegetable Pork Stir Fry

### Friday - Buffet

- 4 • Italian
- 11 • Southern
- 18 • Greek
- 25 • Filipino

### Saturday -

**No Lunch**

### OTHER EVENINGS IN THE USA BUFFET DINING ROOM

- Chef's Special on Tuesday and Thursday evenings along with our new full menu.
- Prime Rib on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our expanded limited menu will be offered in addition to the above specials on Saturday and Sunday nights.

## DINNER MENU

**Sunday - (2 for 1 Steak Night & Limited Menu)**

**Monday - Closed**

**Tuesday - Regular Menu (Chef's Special)**

**Wednesday - Mongolian BBQ & Limited Menu**

**Thursday - Regular Menu & Fine Dining**

- 24 Gourmet Night Buffet Dining
- Pork Cutlet w/Sauce
- Chicken A la King
- Teriyaki Steak

## DINNER MENU

**Friday - (Limited Menu & Fine Dining)**

- 4 Seafood Newburg
- Herbed Baked Chicken
- Sliced London Broiled
- 11 Coq Au Vin
- Baked Meat Loaf
- Sweet Sour Fish
- 18 Pork Chop Suey
- Fried Fish Fillets
- Chicken Creole
- 25 Spaghetti Meat Sauce
- Fish Florentine
- Cajun Roast Pork

**Saturday - (Prime Rib Dinner, Regular Menu & Fine Dining)**

**PROFESSIONAL ADMINISTRATIVE ASSISTANTS DAY**

**WEDNESDAY, 23 APRIL**  
1100 - 1300  
**\$8.95**

Show your assistant how much you appreciate them by bringing them to our special buffet. Great menu. Relaxing time. Tickets on sale at the cashier's window.

For more information, please call 263-4133

**Camp Zama Community Club**

**Easter Buffet**  
**Sunday, 20 April**

**Two Seatings:**  
1100 - 1230  
1330 - 1500

**Adult: \$14.95**  
**Ages 4 - 12: \$8.95**  
**3 and under: Free**

Come join us for our scrumptious buffet. Tickets on sale at the cashier's window.

For more information, call 263-4133



# S

agami Lounge  
"Sunday Brunch" from  
11 am - 1 pm (every  
other Sunday). Please  
check out this new dining  
experience.

**SAGAMI LOUNGE**  
"Entertainment"  
Friday,  
8 pm  
with a DJ  
• 1st & 2nd Friday,  
70s & 80s  
• 2nd & 4th Friday,  
Country Music

**Depot  
Bowling Center**  
OPEN  
Tuesday • Saturday,  
11 am - 8 pm  
Wednesday,  
3 - 6 pm  
Family Bowling  
Shoes: 50¢  
Closed  
Sunday & Monday  
Looking for a place to have a Bowling Party?  
Please call Michael or Randy, 268-4954.

## ■ Sagami Lounge • 268-4954/4847 Orders: 268-4142

### LUNCHES

#### SUNDAY

- 6 Sunday Brunch
- 20 Sunday Brunch

#### MONDAY

- 7 Beef Stroganoff
- 14 Pork Adobo
- 21 Beef Steak
- 28 Hamburger Steak w/ Gravy

#### TUESDAY

- 1 Chicken Cashew
- 8 Teriyaki Chicken
- 15 Hamburger Steak w/Cheese
- 22 Sweet & Sour Pork
- 29 Pork Chop Suey

#### WEDNESDAY

- 2 Pork Cutlet Italian Style
- 9 Spaghetti w/Meat Sauce
- 16 Chicken Fajita
- 23 Beef Curry
- 30 Bread Chicken

#### THURSDAY

- 3 Soft Taco
- 10 Stuffed Pork w/ Sauce
- 17 Lasagna w/Garlic Bread
- 24 Grilled Chicken w/Sauce

#### FRIDAY

- 4 Seafood Pot Pie
- 11 Mixed Seafood Platter
- 18 Vegetable Rice Gratin
- 25 Mixed Seafood Platter

### DINNER SPECIALS

#### TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7)

- 1 Mexican Dinner Special
- 8 BBQ Dinner Special
- 15 Japanese Dinner Special
- 22 Pizza & Pasta Dinner Special
- 29 Chinese Dinner Special

#### WEDNESDAY NIGHT

2, 9, 16, 23, & 30 April,  
draw your own discount

#### THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 3 German Dinner:  
Viennese Style Braised Steak
- 10 Japanese Dinner:  
Agedashi Salmon
- 17 French Dinner:  
French Style Pork and  
Cabbage Stew
- 24 Italian Dinner: Italian Mixed  
Seafood Dinner

#### FRIDAY NIGHT

- 4 Steak & Shrimp
- 11 Prime Rib Dinner
- 18 Steak & Shrimp
- 25 2 for 1 Steak Night

#### SATURDAY NIGHT

5, 12, 19, & 26 April,  
Mongolian BBQ  
12 April \$1 discount, (Mongolian  
BBQ only)

**FREE KIDS MOVIES**  
Every Wednesday  
6 pm

## ■ Hob Nob Inn • 267-6372

#### HOB NOB NEWS

The Hob Nob Inn dining room in the Sagamiara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6372.

#### MOVIE NIGHT

Every Wednesday, 4:30 - 11 pm.  
New selected movies. Adults only.

#### KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A  
great way to get together with your  
friends. Adults only.



# S

hoot Out,

Sunday, 27 April, 11:30 am. This is a handicap tournament for men and women. The cost is \$15 for a minimum of four games.

Winners continue to bowl until there is a champion. Double elimination games start at 11:30 am.

## ■ Zama Bowling Center • 263-4780 (Map location 6)

### FAMILY TIME BOWLING

April Family Time Bowling will be on 2 and 16 April, 3:30 - 5:30 pm. Lanes are going fast as this DCA sponsored event is growing in popularity. Free games and free shoes during Family Time. This benefit is for all SOFA sponsored military, DAC's, family members, and IHA/HPT/MLCs. This is for a limited time only, so take advantage of this program while it is offered. It is our way of thanking you.

### TOURNAMENTS

#### • No Tap 3-6-9

Sunday, 13 April, bowling starts at 11:30 am. Even moderate bowlers look good in this tournament. Just \$15 with a nine pin no tap game and a 3-6-9. Cash prizes to the top five scores.

### BOWLING PARTY PACKAGES

Spring fever "Basket bowling" party packages are available through 1 May. A great deal which includes: three hours unlimited bowling, shoes, baskets of popcorn chicken, french fries, fried rice, sliced Philly steak sandwiches, and soft drinks. Serves ten guests (a \$125 value for just \$90). This party can be adjusted to accommodate more than 10 people with as little as a one week notice. Ask our staff to help plan your child's birthday, your promotion or anniversary party.

### "600" SERIES SNACK BAR

Are you a frequent eater at the Zama Bowl Snack Bar? Get your frequent eater card. Just eat lunch five times and you can bowl two games free. Games can only be redeemed before 5 pm, and is good any day of the week except during tournaments. Remember, popcorn chicken is great for snacking or with a meal and is only available here.

camp zama bowling center



3RD ANNUAL  
**BOWL**  
WITH THE  
**EASTER**  
**BUNNY**

Right after  
the Post  
Easter Egg Hunt!

Age Groups 4-17

- \$6 (Includes bowling, shoes, snacks candy and entry for the tournament)
- For more information, call 263-4780

### ARNN PTO Book Fair

Theme: Glued into Reading

Monday - Thursday, 14 - 17 April

POC:

Joyce Flowers and Kari Redmann - 267-6602

# C

## hess lub

Every Monday from 5 pm at the Youth Center for beginners to advanced, MSG George Joel teaches Zama youth his strategies that won him a spot on the All Army Chess Team. Open to all registered members.

For more information, please call 263-4500





# Lifetime Sports & Recreation



## April Events

### **Sports Office (POC: Andy Abear - 263-7980)**

1. Learn-to-Swim (adult & youth), Yano Fitness Center, (POC Kimber Bailes 263-5656)
2. Power of Youth "Torch Club", 1 & 22 April, (POC Stefan Thompson 263-5168)
3. Why Weight "Spring into Action", 8, 11 and 15 April (POC Stefan Thompson 263-5168)
4. PT Strong Soldiers, 29 April, (POC Stefan Thompson 263-5168)

### **Outdoor Recreation (POC Cathy Spence - 263-3311)**

1. Youth Fishing Derby, Saturday, 19 April
2. Mt. Takao Hike & Sukiyaki All-You-Can-Eat, Saturday, 26 April

### **Library (263-5267)**

1. Read a Book (adult = 1 book / minimum of 300 pages; child 6 - 14 = total of 14 easy or 300 pages of fiction or non fiction)

### **Arts & Crafts (POC Yoshio Nodera - 263-4412)**

1. Basic Pottery Class, Saturdays, 12, 19, 26 April, 2 - 4 pm
2. Basic Framing Orientation, Wednesdays, 2, 9, 16, 23, 30 April, 6 - 8:30 pm.

### **Community Cultural Center (POC John Senatore - 263-3939)**

1. Sign up for any of the following classes / lessons: piano, tap, hula, violin or koto (guitar)
2. Medieval Recreators, every Wednesday, 6:30 - 9 pm.
3. Hobby Club meeting, Saturday, 19 April, 2 pm. (remote control cars, trucks, planes & model trains).
4. Gamers Gathering: play Warhammer 40,000, Necromunda, Warhammer Fantasy Battle, Mordheim Silent Death, Trinity: Battleground, and others. Doors open at 9:30 am, 19 April

### **Auto Crafts (263-3615) Change Wiper Blades**

Participate in any four of the above events / programs and receive a free Lifetime T-shirt.  
Participate in any four additional events / programs and receive a free Lifetime hat.  
The MWR web page was launched on 3 October:

<http://www.usarj.army.mil/information/mwr/index.htm>



## CATHOLIC SERVICES

**Mondays - Thursdays**, noon - 12:15, daily mass, Blessed Sacrament at Zama Chapel

**Sundays**, 9:15 am, mass, Zama Chapel

**Sundays**, 10:45 am - noon, CCD classes, Religious Education Center (Bldg 278)

**Sundays**, 11 am - noon, Adult Bible Studies, Religious Education Center  
**First Sunday of the Month**, 5 pm, Parish Potluck, Religious Education Center

**Last Monday of the Month**, 7 pm, Catholic Women of the Chapel, Fellowship Room

## PROTESTANT SERVICES

**Sundays**, 9:30 am, Sunday School, Religious Education Center (Bldg. 278)

**Sundays**, 11 am, Worship Service, Zama Chapel

**Sundays**, 5:30 pm, youth group

**Sundays**, 4:30 pm, Rehearsal for "Experiencing God" musical

**Fridays**, Sunrise to Sunset, Prayer and Fasting

A nursery is provided for children up to three years old at Zama CDS, Bldg 502, during the time of Sunday Services only.

(There are several morning, noon, afternoon and evening bible studies. For more information, contact Jane Smith at 267-6289 or Chaplain Burch at 263-4898).

## SAGAMIHARA INSPIRATIONAL SERVICES

**Sundays**, 9 am, Sunday School, Sagamihara Chapel

**Sundays**, 10:30 am, Worship Service, Sagamihara Chapel

**Wednesdays**, 7 pm, Bible Study, Sagamihara Chapel

## LUTHERAN SERVICES

**Sundays**, 9 am, Worship Service, SHA Chapel

**Fridays**, 6:30 pm, Youth Choir (Lutheran), SHA Chapel

## DEPOT SERVICES (PROTESTANT)

**1st and 3rd Sundays**, 10 am, Worship Service, Sagami Depot Chapel

## SEVENTH DAY ADVENTIST SERVICES

**Saturday**, 9:15 am, Sabbath Worship Service, Zama Chapel

**Wednesday**, 6:30 pm, Prayer Meeting Service

**Friday**, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

## JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel. Call 243-9511 (LCDR Gersh) for details.

## CHAPEL ACTIVITIES IN APRIL

**4 April**, 7:30 am - 4:30 pm, Spiritual Orientation Tour to Kamakura. Call 263-4898 for details and to sign up.

**4 April**, 6 pm, Stations of the Cross (Catholic), Zama Chapel. Soup Suppers immediately follow. Rosary making and lessons afterwards, Zama Chapel Fellowship room.

**7 - 13 April**, Kanto Plains Youth Conference, SHA Chapel

**11 April**, 6 pm, Stations of the Cross (Catholic), Zama Chapel. Soup Suppers immediately follow. Rosary making and lessons afterwards, Zama Chapel Fellowship room.

**13 April**, 3 pm, Experiencing God Cantata (Ecumenical), CCC

**15 April**, 6 pm, Communal Penance Service (Catholic), Zama Chapel

**17 April**, 6 pm, Last Supper Potluck (Protestant), Zama Chapel Fellowship room

**17 April**, 6 pm, Holy Thursday Service (Catholic), Zama Chapel

**17 April**, 6 pm, Maundy, Thursday Worship Service (Lutheran), SHA Chapel

**18 April**, 6 pm, Good Friday Service (Catholic), Zama Chapel

**18 April**, 6 pm, Good Friday Worship Service (Lutheran), SHA Chapel

**19 April**, 6 pm, Vigil Service (Lutheran), SHA Chapel

**20 April**, 6 am, Sunrise Service (Ecumenical), Camp Zama Golf Course

**20 April**, 7 am, Easter Breakfast (Ecumenical), Camp Zama Golf Course

## ON GOING BIBLE STUDIES

**Sundays**, 5:30 pm, Developing the Leader Within You, Zama Chapel, CH Burch, 263-4898

**Tuesdays**, 9:30 am, Beth Moore's "Living Free", Zama Chapel, Carlotta Ohura, 042-674-5605

**Tuesdays**, 3 pm, Experiencing God, Religious Education Center. Ben Salinero, 263-3345

**Tuesdays**, 6:30 pm, Elizabeth George's "A Women's High Calling", Peggy Jackson, 263-7200

**Tuesdays**, 7 pm, Song of Solomon, 634 SHA, LTC Montgomery

**Wednesdays**, 7 pm, Bible Study, SHA Chapel, CH Lewis, 268-4242

**Thursdays**, 9 am, Beth Moore's "Breaking Free", Zama Chapel, Mitsu Woolley

**Thursdays**, 9:30 am, Experiencing God, SHA Chapel, Jane Smith, 267-6289

**Thursdays**, 1 pm, Asian/American Bible Study, SHA Chapel, Jane Smith, 267-6289

**Thursdays**, 6:30 pm, Beth Moore's "John, the Beloved Disciple", Zama Chapel, Jane Smith 267-6289

**Fridays**, 9:30 am, John the Beloved Disciple, Beth Moore, Zama Chapel, Jane Smith 267-6289

**Fridays**, 10 am, Korean Bible Study, SHA Chapel, Hwa Ja Kim 263-4127

**Fridays**, 6:30 pm, Experiencing God, Zama Chapel, Jane Smith 267-6289



# A rmy

## Emergency Relief.

The Army Emergency Relief Campaign is currently in progress at Camp Zama. It is an annual drive to help soldiers, retirees, and their families in need. The campaign will end on 25 April. Donations can be made through allotments or one-time donations. Contact your unit representative for more information. Don't miss your chance to help out!

**"ARMY EMERGENCY  
RELIEF - SOLDIERS  
HELPING SOLDIERS"**

## ■ Army Community Service • 263-8327 (Map location 2)

### FINANCIAL AND EMPLOYMENT READINESS 263-8091

Thrift Savings Plan F-Fund: If misery loves company, stock investors may soon have some new friends; TSP F Fund investors could be stung by losses. When the economy eventually revs up, the Federal Reserve is likely to boost interest rates to dampen the fires of inflation. And because bond prices move inversely to interest rates, the TSP F Fund return will fall as interest rates rise.

How exposed are the TSP F Fund investors to interest rate risk? If the Federal Reserve increases interest rates by 2% over the coming year, the TSP F long term index bond fund could easily shed 20% of its value. Interest rates are more likely to rise than fall for the coming year, so it would be wise for individual "F" Fund investors to re-evaluate the monies going in the TSP "F" Fund

#### • **Checkbook Management**

Tuesday, 15 April, 1 - 3:30 pm in the ACS Conference Room.

#### • **Job Search Workshop**

Thursday, 17 April, from 10 - 11 am in the ACS Conference Room

To register, or for more information on any of the above classes, contact

the ACS Financial and Employment Advisor at 263-8091 or e-mail [steven.lamontagne@zama.army.mil](mailto:steven.lamontagne@zama.army.mil)

### RELOCATION READINESS / MOBILIZATION AND DEPLOY- MENT PROGRAMS, 263-8089

#### • **Homebuyer's Workshop**

The ACS Relocation Readiness Program is sponsoring a Homebuyer's Workshop for those who are relocating to the U.S. soon and are considering purchasing a home. Brenda Cornelison, a knowledgeable, licensed realtor will cover the basics of shopping for a home. If you are a potential first time buyer or a current homeowner this workshop can be extremely beneficial in preparing you to either buy or sell a home. The workshop will be conducted on 3 April, 6 - 9 pm, in the ACS Outreach Room. To register please call 263-8327.

#### • **Medical Morning and Spouses Community Tour**

Healthcare professions provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory to receive over-the-counter medications, is also given during this briefing. The briefing will be held on 16 April in the ACS Community Room, 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program. A community bus tour will be conducted immediately following the briefing. All newly arriving spouses are encouraged to attend. Lunch will be provided. The tour is scheduled from 11 am - 2:30 pm.

#### • **Newcomer's Train Class**

Train Class Part I will be held on Thursday, 17 April, 6 - 8 pm, in the ACS Community Room, Building 402. Get out and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.

Train Class Part II will be conducted on Saturday, 19 April, 9 am. Join us

## Command Right Start Program Installation Newcomer's Orientation

All newcomers are invited to attend the Newcomer's Orientation on Tuesday, 15 April, 8:30 am - 3:30 pm, at the Community Cultural Center, Building 267. The program will begin with a welcome by the Commanding General and the Garrison Commander. Several presenters will provide an overview of the policies, programs, and services at Camp Zama. An information fair will be conducted during this time which will offer participants an opportunity to meet community representatives and managers from MWR, DoDDs, AAFES, Commissary and Private Organizations. The orientation also includes a bus tour and a "Taste of Japan" luncheon. This program is mandatory for military and civilian personnel. Adult family members are encouraged to attend. Free childcare is available by calling CDS in advance, 263-4743.

#### • FOR INTERNATIONAL CALLS:

99 + 001 + Country + Area + Phone  
Code Code No.

#### • FOR DOMESTIC CALLS:

99 + 001 + Area + Phone  
Code No.

**Thanks to our sponsor,  
KDDI, for supporting the  
ACS Newcomer's Orientation**



Sponsorship does not imply endorsement by the U.S. Government

as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel, and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

• **Community Information Exchange Meeting:**

This is an open forum for senior leader spouses, Family Readiness Group (FRG) leaders and community members. Command leaders and community representatives provide information and updates on community events and projects. The next meeting will be held on 30 April in the ACS Community Room at 9 am. For more information, contact Wanda Abrams at 263-8057.

**FAMILY ADVOCACY PROGRAM 263-8057**

April is Child Abuse Prevention

Month and Month Of The Military Child. In support of Child Abuse Awareness, the Family Advocacy Program (FAP) will kick off the Blue Ribbon Campaign on 4 April, noon - 1:30 pm, at the Camp Zama PX, and 1:30 - 3 pm, at the SHA Commissary. FAP will also host their 2nd annual "Children's Health and Safety Fair" at Dewey Park on 19 April, noon - 4:30 pm. This fair will be in conjunction with DPW "Earth Day", CYS annual "Easter Egg Hunt", and Outdoor Recreation "Youth Fishing Derby". This will be a dynamic fun event for the entire family.

The Family Advocacy Program will offer a series of workshops and classes throughout the month of April.

**4 April** - Blue Ribbon Campaign Kickoff, noon - 1:30 pm, Camp Zama PX, and 1:30 - 3 pm, SHA Commissary  
**8 April** - Single Parent Support

Group, 1:30 - 3:00 pm, ACS Bldg 402  
**8 April** - NPSP Child Growth and Development, 11:30 am - 1:00 pm, ACS Bldg 402

**10 April** - Breastfeeding Support Group, 9:30 - 10:30 am, Bldg 533

**15 April** - NPSP - Favorite Hat Day, 9:30 - 11:30 am, ACS Bldg 533

**19 April** - Children's Health and Safety Fair, noon - 4:30 pm, Dewey Park

**22 April** - Child Lures Class for Parents, 6 - 8 pm, ACS Bldg 402

**29 April** - NPSP Friends and Family Picnic, 9:30 - 11:30 am, Dewey Park

**COMMUNITY LIFE OFFICE 263-8091**

• **Installation Volunteer Program:** The 2003 Volunteer Recognition Ceremony will be held on 1 May, 11 am - 1 pm in the CZCC Ballroom. For more information, contact Steven Lamontagne at 263-8091 or stop by Army Community Service, Bldg 402.

■ **Arts and Crafts • 263-4412 (Map location 3)**

**INSTRUCTORS NEEDED**

The Arts and Crafts Center is looking for Water Color & Acrylic Paint, Stained Glass, Photography, Contracted Custom Framers and various arts instructors. For more information, please contact Nodera at 263-4412.

**LIFETIME FITNESS AND RECREATION**

See page 12 for more details.

**FAMILY TIME PROGRAM**

Washi paper and tole painting classes can be arranged on Wednesday's Family Time program in addition to the regular schedule. Let us arrange a schedule at your convenience on Wednesday afternoon. You must register in advance.

**SERVICE**

• **The Craft Store**

The Crafts Store at the Arts and Crafts Center has many products to include Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more. Our space is limited but we

do our best to help you. If you don't see something you need, please fill out a Customer Product Survey form at the counter.

• **Balloon Shop**

Helium filled mylar balloons range from \$2.75 to \$3.75. Latex of many colors are 75¢ to 85¢. For better service, place your order in advance.

**CUSTOM PICTURE FRAMING**

All orders are completed on a first come, first served basis. We have a

variety of moulding, mat boards, design colors and styles for you to choose from.

**PRINT SHOP**

• **Screen Printing and Heat Transfer Printing**

We carry heavy weight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request. All orders completed on a first come, first served basis.

**..... ARTS CLASSES .....**

Woodworking	Thursday	6 - 6:30 pm	No fee
	Saturday	10 - 10:30 am	No fee
Ceramics	Thursday	6 - 8:30 pm	\$5 plus materials
Pottery			
Basic Course	Saturday	2 pm	\$10 plus materials
Advance Course		Appointment only	\$10 plus materials
Framing			
Basic	Wednesday	6 - 8 pm	\$10 plus materials
Advance & Refresher		Appointment only	\$10
Textile Arts	Thursday (1, 2 and 3rd)	5 - 7 pm	\$15
Japanese Dough Art	Friday	2 - 4 pm	\$10 plus materials
Tole Painting	Thursday	3 - 5 pm	\$15
Washi Paper	Friday	2 - 4 pm or 4 - 6 pm	\$15

All classes require registration in advance at the Arts and Craft Center.



# K yoto

Overnight Trip.

Saturday - Sunday,  
12 - 13 April

Adults Single Room: \$210  
Twin or Triple Room: \$185  
Each Youth (Own Bed): \$175

Shared Bed with a Parent:  
\$135 (one night  
accommodation, breakfast,  
admissions, guide and bus  
transportation)

Depart: 2 am, Saturday

Return: 9 pm, Sunday

See some of Japan's finest  
temples, palaces, castles,  
villas, gardens, parks, and  
natural surrounding scenery.  
Visit Kinkakuji Temple,  
Kiyomizu Temple, Heian  
Shrine, Sanjusangendo  
Temple, Nijo Castle and Toji  
Temple.

Mt. Takao Hike and

All-You-Can-Eat Sukiyaki.

Saturday, 26 April

Adult: \$36

Youth(ages 6 - 12): \$29

Youth (ages 3 - 5): \$18

Depart: 11 am • Return: 8 pm  
(sukiyaki fee, guide and bus  
transportation) Mt. Takao  
offers several hiking courses  
suitable for any age group  
and physical strength. There  
also are cable cars and open  
chair lifts. Afterwards, enjoy  
all-you-can-eat sukiyaki.

## ■ Zama Local Tours • 263-4707 (Map location 31)

### KAMOGAWA SEA WORLD

Saturday, 5 April

Adult: \$28 • Youth: \$20

Depart: 7 am • Return: 6 pm

Watch exciting performances by  
whales, dolphins and sea lions, or  
explore Rocky World featuring dol-  
phins, sea lions, penguins and otters.

### TSUKIJI FISH MARKET, NEW SANNO AND IMPERIAL PALACE

Saturday, 5 April

\$15 (guide and bus transportation)

Depart: 4 am • Return: 1 pm

Visit the fish market which supplies  
almost 90% of Tokyo's demand for  
seafood, and then enjoy a hearty  
breakfast at the New Sanno Hotel.

### KAWASAKI FERTILITY FESTIVAL

Sunday, 6 April

\$5 (bus transportation only)

Depart: 9 am • Return: 5 pm

This is truly a festive and eye-open-  
ing event with loads of fun! Because  
of the nature of the festival, this is  
an adults only tour (18 or older).

### ZOO-RASIA

Sunday, 6 April

Adult: \$9 (ages 18 and up)

Youth:

\$5 (ages 6 - 17)

\$3 (ages 3 - 5)

Depart: 9 am • Return: 3 pm

Come with us to Zoo-Rasia to ex-  
plore the many terrains, and be  
amazed at the uniqueness of this zoo  
and the animals that are a part of it!

### KINOSHITA CIRCUS

Wednesday, 9 April

Adult: \$24 • Youth: \$16 (circus ad-  
mission and bus transportation)

Depart: 9 am • Return: 5:30 pm

The circus is coming to town! En-  
joy an exciting opening show:  
Mixed Wild Animal Act, Amazing  
Safari Spectacle and Adorable El-  
ephant Show and the  
closing show: a  
Double Flying  
Trapeze.



### KAWASAKI DAISHI TEMPLE AND TOSHIBA SCIENCE MUSEUM

Thursday, 10 April

\$5 (guide and bus transportation)

Depart: 9 am • Return: 5 pm

Visit Kawasaki Daishi Temple located  
in Kawasaki City. Next, visit the  
Toshiba Science Museum which ex-  
hibits the latest electronic products.

### TOKYO DISNEYLAND/ DISNEYSEA

Friday, 11 April

Adult: \$12 • Youth: \$9

Depart: 7 am • Return: 11:30 pm

Both the young and the young-at-  
heart will enjoy Disneyland's seven  
theme lands. Or check out DisneySea!  
Each of the seven unique theme ports  
features its own distinct settings.

### FUJI AREA EXCURSION

Saturday, 12 April

Adults: \$29 • Youth: \$23

Depart: 7 am • Return: 6:30 pm

Experience the symbol of Japan with  
this trip to Mt. Fuji. Visit the 5th Sta-  
tion, Sengen Shrine, Oshino Hakkai  
and enjoy lunch at Lake Kawaguchi.

### YOKOHAMA BAY LUNCH CRUISE AND MINATO MIRAI 21

Sunday, 13 April

Adult: \$49

Youth:

\$35 (ages 6-12)

\$15 (ages 3-5)

Depart: 10 am • Return: 5:30 pm  
(lunch cruise, guide and bus trans-  
portation)

Enjoy a panoramic view of  
Yokohama on the elegant Royal  
Wing cruise ship while having a  
Chinese style buffet lunch. After  
lunch visit Minato Mirai 21 District.

### MATSUMOTO CASTLE AND GLASS MUSEUM AT LAKE SUWA

Saturday, 19 April

Adult: \$39 •

Youth: \$35 (ages 6 - 15)

\$29 (ages 3 - 5)

(Castle and Glass Museum admis-  
sion, guide and bus transportation)

Depart: 6 am • Return: 8 pm  
Matsumoto Castle is the oldest and largest known in Japan. Also, visit Folk Museum and Glass Museum at Lake Suwa.

### KAMAKURA ARCHERY FESTIVAL

Sunday, 20 April  
Adult: \$25 • Youth: \$20 (guide and bus transportation)  
Depart: 9:30 am • Return: 5 pm  
Experience the unique Yabusame Festival, Ikebana displays, a Taiko Drum performance, and a traditional dance performance.

### NOGE STREET PERFORMANCE

Sunday, 20 April  
\$3 (bus transportation only)  
Depart: 10 am • Return: 4:40 pm  
Many artists will perform juggling and unicycle acts, and other exciting dramatizations.

### NEW SANNO EASTER BRUNCH AND HARAJUKU

Sunday, 20 April  
Adult: \$30 • Youth: \$20 (brunch, guide and bus transportation)  
Depart: 9 am • Return: 4:40 pm  
Enjoy a delicious Easter Brunch at the New Sanno Hotel. Then, visit other popular areas such as Harajuku and Omotesando.

### NIKKO EDO MURA

Saturday, 26 April  
Adult: \$23 • Youth: \$19 (Bus transportation only)  
Depart: 6 am • Return: 8 pm  
Experience the tradition, culture and customs of the Edo Period at Nikko Edo Mura. A haunted temple, ninja black mansion and Japanese teahouse, ninja maze and oiran parade are some of the features offered.

### SUMO STABLE AND NEW SANNO

Saturday, 26 April  
\$15 (guide and bus transportation)  
Depart: 5:30 am • Return: 1 pm  
After breakfast at the New Sanno, visit the Musashigawa Sumo Stable

to observe a keiko session (you must be 12 or older).

### ABURATSUBO MARINE PARK

Sunday, 27 April  
Adult: \$15 • Youth: \$9 (bus transportation only)  
Depart: 8 am • Return: 6 pm  
Watch performances by dolphins and sea lions at feeding time. Also, check out the aquarium featuring many species of fish swimming in their re-created habitats.

### TOKYO BY DAY (TOKYO TOWER, MEIJI SHRINE AND HARAJUKU)

Sunday, 27 April  
Adults: \$26

Youths: \$23 (ages 6-15)  
\$20 (ages 3-5)  
(Tower Admission, guide and bus transportation)  
Depart: 7:30 am • Return: 5 pm  
Enjoy the 360 degree view from Tokyo Tower's observation platforms. After, visit the Meiji Shrine and spend some free time in the Harajuku area.



**Youth Fishing Derby**  
**Saturday, 19 April, 1300-1530**  
 Youth 13 and up: \$12  
 Youth 12 and under: \$6

Go fish and get a prize! Fishing tackle and rental fishing poles are available at Outdoor Recreation. Sign up by 5:30 pm on Wednesday, 16 April, and get a free gift!

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**Youth Fishing Clinic, Wednesday, 16 April**

Ages 8 - 12: 1615 - 1715  
 Ages 13 - 19: 1500 - 1600

- \$3 with participant's own fishing tackle.
- \$5 includes rental fishing pole on the day of the clinic and the derby.
- Register by Monday, 14 April, at Outdoor Recreation.
- The fishing clinic is for beginners; learn a lifetime sport and possibly win at the Derby on 19 April.

\*\*\* For more information, call Yukiko at 263-4807 \*\*\*



**Learn To Golf Adult Classes**

Price includes - Five Group Lessons (Four at the range and one on the golf course) plus four 9-hole rounds of golf (Golf Cart not included.) Instruction will cover putting, chipping, full swing, rules and etiquette. Course is designed for beginner golfers.

**Take The Mystery Out Of Golf**

**May and June Group Class Schedule**

**Session #3**

- Instructor: Dale Jorgenson, Director of Golf
- Date: Wednesday, 7, 14, 21, 28 May and 4 June  
No class 9 April due to Spring Break
- Time: 4 - 5:30 pm
- Class Size: Maximum 8 - Minimum 6 students
- Price: \$45
- Enroll: Sign up at the golf course pro shop

\*\*\* Next session starts 23 July \*\*\*



## SPORTS AND RECREATION

We have a new event, kayak racing, on 5 April. Phone 644-4334 for registration and further information on the event. The popular "beach volleyball" is back for the third season starting Saturday, 26 April, 9 am. We are also looking for female players to start a women's division. Teams will be composed of five players with three persons on the court to compete. For further information, phone the Torii Fitness Center at 644-4334.

## ARMY GOLF

Tuesday, 1 April, is the first summer golf event. Golf will continue to be held as close to the payday date as possible. This is a super opportunity to not only enjoy golf, but to get to know your civilian and military counterparts. We are continuing the popular "Shotgun Start" format with the tournament beginning at 1 pm. It is important that you show up no later than 12:30 pm for the hole assignment and briefing. Budweiser is providing a golf bag, umbrella, tees, shirts and key chains, plus we will have our certificate drawings. You must be present to win. The format will be a four person scramble, so everyone has a chance to contribute to the team. Remember that golf fees must be paid in advance to allow us to reserve tee times. Call 644-4144/644-4334 or e-mail your foursome information to [collins@okinawa.army.mil](mailto:collins@okinawa.army.mil).

## SCUBA LOCKER, 644-4795

The Scuba Locker will begin the dive season by having a "Super Spring Sale". There is a full complement of equipment available for the surfer. Check with the training staff to sign up for SCUBA classes and don't forget about the opportunity of a lifetime..... Dive with a Whale Shark! Join us for the finest diving programs on the Island and also great shopping at Okinawa's finest dive facility. Did you know that the SCUBA Locker offers FREE air fills to all ID card holders!

## FLEA MARKET

The popular "FREE" Flea Market will be held on 12 and 26 April to include the new "Vegetable Market". The Flea Market will be held at the Torii Station LZ Renegade Area, from noon to 3:30 pm. This is Okinawa's only FREE Flea Market, and is open to the island community. Open gate policy will be in effect with entrance through the "Beach Gate". Call 644-4334 for further information or assistance.

## CORAL COVE CLUB

Enjoy the Sunday Brunch at the Coral Cove Club from 10 am - 1:30 pm. The cost is only \$11.95 for adults, \$8.95 for children ages 5 - 10, and free to children ages 4 and under. On Mondays, there will be FREE karaoke in the Lounge, 5 - 11 pm. On Wednesdays and Fridays, there will be free snacks, and on Friday there will be door prizes from the Miller Brewing

Co. Remember, the Coral Cove Club always wants you to practice safe alcohol consumption.

## ARMY COMMUNITY ACTIVITIES

There will be a full month of activities beginning with a Newcomer's Briefing on the 2nd of April. A Financial Readiness Class will be offered on 8 April, and a Cultural Enrichment Tour to one of Okinawa's exotic treasures on 19 April. A new addition to our program will be the Sponsorship Training Class on 22 April in the Relocation Office. On 25 April, "Bring Your Child to Work Day" will be held in conjunction with the School Liaison Program. We will honor the Month of the Military Child with "Operation Child-find" on 26 April. We will close out the month with the Volunteer Appreciation Ceremony to honor our volunteers. Call us for time on this special event. All of the above classes and events except 22 April will be held in the ACS briefing room, Bldg. 236. Call 644-4110 for program times.

## THEATER

Enjoy the free movies brought to you by AAFES and Torii DCA Division every Friday through Monday starting at 7 pm. Look for schedules in the "Island Market", "This Week on Okinawa" and the monthly "Torii Newsletter".

## ARTS AND CRAFTS

Framing and matting instructions are available, plus there are woodworking and ceramics departments to enable you to complete a variety of projects. Why pay for it when you can have the distinction and enjoyment of personal accomplishments? Our staff endeavors to give you the personal service that you deserve. Call 644-4403 Monday, Thursday and Fridays from noon - 8 pm, or visit us at Bldg. 240 near the main gate.



## DEPOT GROUP HOME NEWS

The Depot Group Home is located at Bldg. 80-S22 in Sagami Depot. The Group Home offers daily childcare from 8:30 am - 5:30 pm. Please contact Ms. Angie at 268-4700 for more information.

The School Age Open Recreation is held Monday - Thursday from 4 - 6 pm. Youth Open Recreation is on Friday nights from 4 - 6 pm. For more information about the Depot Child Development Group Home, please contact Mrs. Centeno at 268-4625.

# Directory of MWR Facilities & Additional Activities

## DIRECTORATE OF COMMUNITY ACTIVITIES

263-7611

### Army Community Services Branch

- **Army Community Services** 263-8327
  - Mon, Wed & Fri 0730-1630
  - Tue & Thu 0730-1730

### ZAMA Golf Club

- Administrative Office** 263-4224  
263-4966
- (All the following golf activities are open during lunch.)*
- Course/Starter** 263-4975
  - Mon-Fri 0800-Dark
  - Sat, Sun & Hol 0700-Dark
- Restaurant** 263-4328
  - Mon-Fri 0630-1700
  - Sat, Sun & Hol 0600-1700
- Pro Shop** 263-5284
  - Mon-Fri 0715-1500
  - Sat, Sun & Hol 0615-1500
- Driving Range** 263-4565
  - Tues-Sat 1200-2030
  - Mon (No Attendant) 1200-2030
  - Sun 1600-2000
- Bar**
  - Mon-Fri 1100-1700
  - Sat, Sun & Hol 0615-1700
- Chip Inn & Snack Stand**
  - Mon-Fri 0745-1530
  - Sat, Sun & Hol 0730-1530

### Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452  
263-5614
- **BOWLING CENTER ZAMA** 263-4780
  - Mon - Wed & Sat 1100-2000
  - Thu & Fri 1100-2230
  - Holidays 1100-1700
- **BOWLING CENTER DEPOT** 268-4954/4606
  - Tue - Sat 1100-2000
  - Sun - Mon Closed
- **ZAMA COMMUNITY CLUB** 263-4133
  - Cashier & Game Rooms**
    - Sun-Thu 1000-2300
    - Fri 1000-0230
    - Sat 1000-0330
  - Catering** 263-4204
    - Tue, Thu & Fri 0930-1730
    - Wed Appts Only
  - Dining Room**
    - Lunch** Tue-Fri 1045-1315
    - USA Buffet & Eda's Seafood & Filet**
      - Tue-Thu 1700-2100
      - Fri-Sat 1700-2200
      - Sun 1700-2100
    - Sunday Brunch** 1000-1330
  - Café Roberto**
    - Tues-Thu 1100-2200
    - Fri 1100-0100
    - Sat 1100-0100
    - Sun 1100-2200
  - Cornerstone Game Room (no bar)**
    - Tue-Thu 1000-2300
    - Fri 1000-0330
    - Sat 1000-0230
    - Sun 1000-2300
  - Firelite Lounge**
    - Sun, Tue, Thu 1630-2300
    - Fri 1630-0330
    - Sat 1900-0230
- **HOB NOB INN** 267-6372
  - Lounge & Game Room**
    - Mon, Tue & Thu 1630 - 2100
    - Wed 1630 - 2300
    - Fri 1630 - 0100
    - Sat 1900 - 0100
    - Sun Closed
  - Restaurant (Closed)**
- **SAGAMI LOUNGE** 268-4954

## Take Out 268-4142

- Lunch** Mon-Fri 1100-1300
- Dinner** Tue-Sat 1700-2000
- Lounge/Game Room**
  - Tue-Thu 1100-2200
  - Fri 1100-2400
  - Sat 1630-2300
  - Open during lunch

### Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-7935
- **ARTS & CRAFTS CENTER** 263-4412
  - Mon-Tue Closed
  - Wed-Thu 1300-2100
  - Fri, Sat & Sun 1000-1800
  - Open during lunch
- **AUTO CRAFTS SHOP** 263-3615
  - Mon-Tue Closed
  - Wed-Fri 1300-2100
  - Sat-Sun 1000-1800
- **COMMUNITY CULTURAL CTR** 263-3939
  - Mon-Fri 0900-2045
  - Sat, Sun & Hol Closed
  - Open during lunch
- **INTERNATIONAL TOURS** 263-5273
  - Mon-Fri 1000-1800
  - Open during lunch
- **LIBRARY** 263-3517
  - Zama**
    - Mon-Thu 1000-2030
    - Fri- Sun & Hol 1000-1800
    - Open during lunch
  - Depot** 268-4523
    - Tue-Thu 1100-1900
    - Fri & Sat 0900-1700
    - Sun, Mon & Hol Closed
    - Open during lunch
  - Sagamihara** 267-6603
    - Tue-Thu 1000-1900
    - Fri-Sat 0900-1800
    - Sun, Mon & Hol Closed
    - Closed for lunch 1400-1500
- **OUTDOOR RECREATION** 263-4671
  - Vehicle Rental/Equipment Rental**
    - Mon-Fri 0900-1730
    - Sat-Sun 0800-1600
    - Holidays 1000-1400
    - Open during lunch
  - Local Tours** 263-4671
    - Mon-Fri 0900-1730
    - Holidays 1000-1400
    - Open during lunch
  - Animal Boarding Kennels** 263-5915
    - Mon-Fri 1000-1700
    - Sat-Sun, Holidays 1000-1600
    - Closed for lunch 1230-1330
- **POOLS** 263-5656
  - YANO**
    - Mon-Fri 0530-1800
    - Sat-Sun, Holidays 1000-1800
  - SHA**
    - Mon-Sun 1200-1800
  - DEPOT**
    - Wed-Sun 1200-1800
- **SPORTS/FITNESS CENTER** 263-4664
  - Zama**
    - Mon-Fri 0530-2030
    - Sat-Sun, Holidays 1000-1800
    - Open during lunch
  - Sagamihara**
    - Open 24 hours
  - Depot** 268-4729
    - Mon-Fri 1100-2000
    - Sat & Sun 1000-1700
    - Open during lunch

### Child and Youth Services Branch

- **ADMINISTRATIVE OFFICE** 263-5701
- **Child & YS Coordinator** 263-8086
- (All the following CDC facilities are open during lunch.)*

## Central Registration 263-4743

- Mon-Fri** 0730-1630
- **Depot Dev Group Home** 268-4625
  - Mon-Fri 0830-1730
- **Sagamihara CDC** 267-6564
  - Mon-Fri 0530-1800
- **Zama CDC** 263-4992
  - Mon-Fri 0530-1800
- **YOUTH SERVICES**
  - Depot Youth Center** 268-4625
  - Zama Youth Center** 263-4500
    - Mon-Thu 1430-1930
    - Fri-Sat 1200-2100
    - Sun Closed
  - School Age Services (SHA)** 267-6317
    - Mon-Fri 0630-1800
  - Youth Sports** 263-5437
    - Tue-Sat 0900-1800
    - Open during lunch

### Services Division

- **ADMINISTRATIVE OFFICE** 263-5962
- Zama Lodging**
- **ADMINISTRATIVE OFFICE** 263-3293
  - Reservation Desk** 263-2775
  - Front Desk** 263-3830
  - Open 24 hours/7 days a week

### USAG-J Okinawa MWR

## ■ DIRECTOR COMMUNITY ACTIVITIES 644-5396

- **ARMY COMMUNITY SERVICE**
  - Director 644-4110
  - Receptionist 644-4175
  - Relocation Coordinator 644-4385
  - Outreach/Volunteer Coordinator 644-4116
  - Finance/Consumer Affairs/AER 644-4378
  - School Liaison Officer 644-4908
  - Family Advocacy 644-4106
  - AF TB / AFAP Manager 644-4743
- **ARTS & CRAFT CENTER** 644-4303
  - Lobby 644-4706
- **CORAL COVE COMMUNITY CLUB**
  - Business Manager 644-4894
  - Lounge 644-4306
  - Cashier Cage 644-4426
  - Kitchen 644-4505
- **LIBRARY** 644-4468
  - Staff Room 644-5335
- **MARKETING** 644-4703
  - Commercial Sponsorship 644-4495
  - Graphic/Illustration 644-4665
- **MOVIE THEATER** 644-4381
- **SPORTS/OUTDOOR REC** 644-4144
  - Customer Svc/Pavilion Rental 644-4334
  - Sports Specialist 644-4797
  - Event Coordinator 644-4169
  - Swimming Pool 644-4389
  - Scuba Locker 644-4795
  - Retail Sales 644-4290
  - Equipment Issue 644-4263
  - Parks, Picnic & Beach 644-4698

### Kure Harbor Club

- **MWR Office** 0800-1630 256-2580  
256-2581
- **Outdoor Recreation** 0900/1700 256-2575
- **Dining Room**
  - Mon-Fri (Breakfast) 0700-0830
  - Mon-Fri (Lunch) 1130-1300
  - Tue-Sat (Dinner) 1630-2000
- Bar**
  - Mon 1630-2000
  - Tue-Sat 1630-2200
- **PX / CLASS 6**
  - Mon-Fri 0900-1730
  - Sat 1130-1530



The Camp Zama Community Club Presents

# Gourmet Night

at Eda's Seafood & Filet Fine Dining Restaurant

**Thursday, 24 April**

## Menu

• **Appetizers:**

Goose Liver Papillotes  
with  
Marinated Vegetables  
& Sautéed Lobster Tail  
with Melon

• **Soup:**

Japanese Consommé  
with Wild Mushrooms

• **Sorbet:**

Mango Sorbet

• **Salad:**

Wild Mixed Green Salad  
with Fresh String Beans  
& Mushrooms with  
Sherry Vinaigrette

• **Entrée**

*(Choice of Meat or Seafood):*

Veal Wellington  
or Salmon Pie  
both served with  
Potato Parisienne  
& Glazed Carrots

• **Dessert:**

Apple Tart Tatin  
with Brandy Basket

**\$50 Per Person**  
*(Includes Wine)*



Advance Tickets Only • Limited Number of Tickets • Call 263-4547